

How to get to...

Lismore Base Hospital Precinct



By foot

The Lismore Base Hospital (LBH) main entrance is on Uralba street, near the pedestrian crossing. It's a slightly uphill 20 minute (1.4 km) walk from the **free** Dawson St carpark near the Lismore CBD. That's about 1800 steps or nearly 20% of your recommended daily total. Park and walk to/from work each day and you'll feel healthier and save money!



By bicycle

Cycling from North, East and South Lismore is achievable in around 10-15 minutes. Cycling from Lismore Heights and Goonellebah requires a moderate level of fitness and confidence to navigate Rotary Drive and steeper terrain. Designated bicycle parking will be included in the new hospital redevelopment near the Central Sterile Supply Department, although there are plenty of poles around LBH to lock bikes to. Shower facilities are available in many work units, including Level 3A and at the swimming pool (closed over winter).



By bus

Several bus routes service LBH to Lismore and surrounding areas. Northern Rivers Buslines routes 662, 661, 682, 683, 685 service Lismore. Timetable, route and fare information can be obtained by contacting Northern Rivers Buslines on 6626 1499 <http://www.buslinesgroup.com.au/northern-rivers>. Use NSW Transport's Trip Planner to plan your journey <http://tp.transportnsw.info>. A commuter bus service from Lennox Head, Ballina and Casino to suit LBH staff hours is also being investigated. Check the NNSW LHD Health Promotion website for updates: <http://nswlhd.health.nsw.gov.au/health-promotion/>



By carpool

Sharing the drive into LBH is a fun way to save money, meet new people and reduce your carbon footprint. You can register with free services such as Northern Rivers carpool www.nrcarpool.org or download the ride sharing Miler app on your smartphone. Also consider making carpooling arrangements with work colleagues or fellow commuters.



By car

If you plan on driving to the hospital, be mindful that there are a limited number of free and untimed car spaces available both at the hospital and in the surrounding hospital precinct. Fees apply to parking in the hospital carpark and in surrounding streets. These areas are shown on the map. Fees range from \$3/hour to \$12/week, depending on whether you are a staff member, visitor or full/part time.

Two hour street parking spots are available around the hospital precinct, but give yourself plenty of time to find a parking space.



Accessibility car parking

Accessibility car parking is available at the hospital front entrance on Uralba street, and in the Uralba St carpark.



By taxi

A taxi rank is located at the main entrance on Uralba St, or can be booked by calling Lismore Taxis on **131 008**.

Patient transport

For patients who are transport disadvantaged, or are affected by frailty or have accessibility issues, contact the numbers below to check your eligibility.

The Health Transport Unit **1300 552 961**

HART Services **02 6628 6000**

For emergency medical transport, phone NSW Ambulance on **000**

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Transport Access Guide



The Lismore Base Hospital is a 5 minute drive from the Lismore CBD.

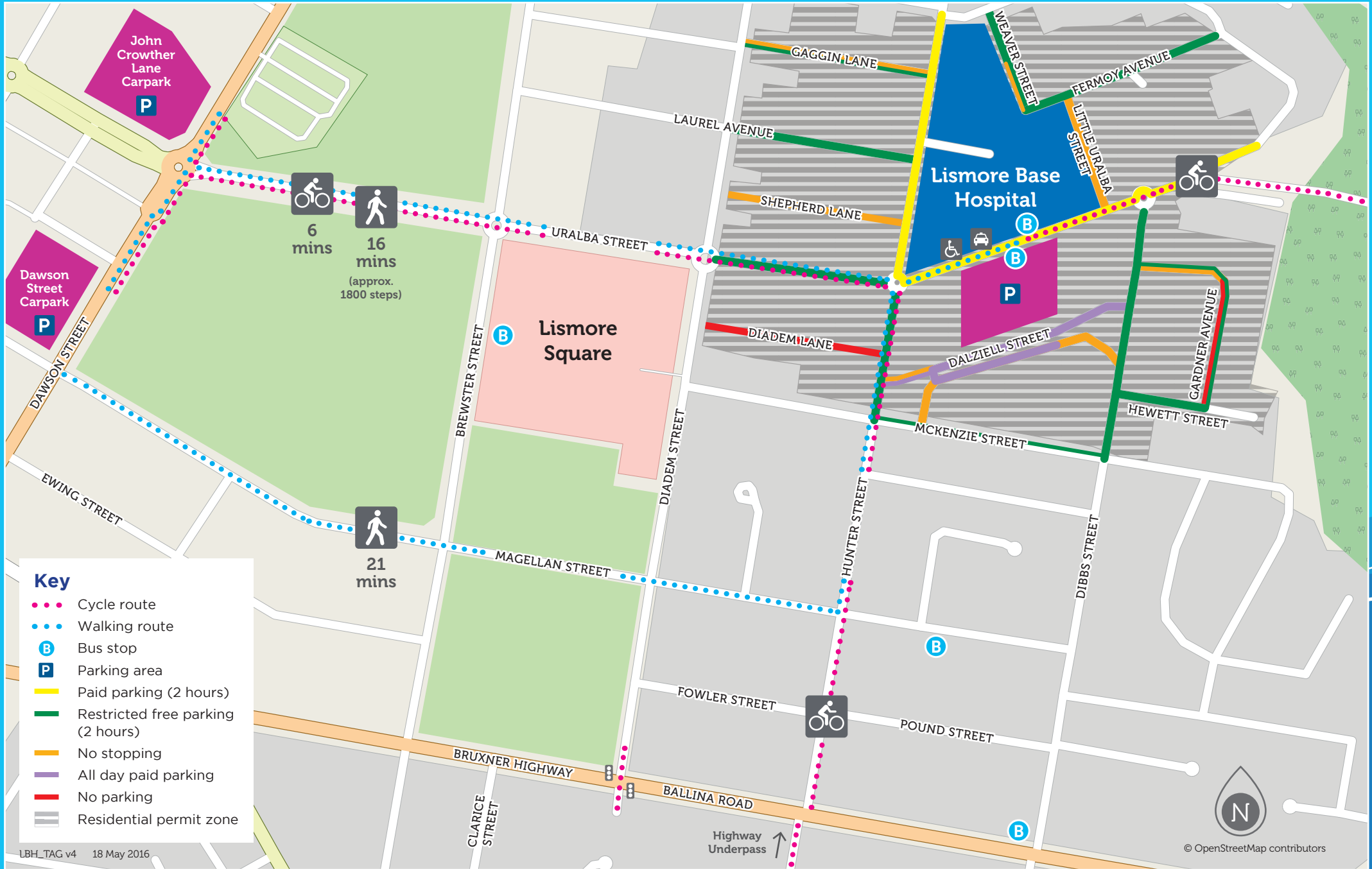
Getting around by walking or cycling is a great way to keep fit and healthy.

Carpooling or using public transport saves you time and money.



Health
Northern NSW
Local Health District

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Key

- ⋯ Cycle route
- ⋯ Walking route
- B Bus stop
- P Parking area
- Paid parking (2 hours)
- Restricted free parking (2 hours)
- No stopping
- All day paid parking
- No parking
- Residential permit zone